U N F B R O O K S C O L L E G E O F H E A L T H L E A D E R S H I P I N S T I T U T E

**SPRING 2023 HEALTHCARE LEADERSHIP LECTURE**

**Ordinary to Extraordinary for Life Success**

**Managing Adversity, Building Prosperity**

**Presented by Gary Josephson, MD, MBA, CPE, FACS, FAAP**

Dr. Gary Josephson is a physician, researcher, educator and author. His recently released self-help book **“*Ordinary to Extraordinary: Seven Principles for Life Success*”** was a top 5 title sales by publication date as noted by Morgan James Publishing. Dr. Josephson is the Chief Medical Officer and Vice President at Nemours Children’s Health - Jacksonville. His lecture will offer an interactive motivational and inspiring discussion with evidence-based studies, real-life experiences focused on human potentialities and positive psychology.

**Learning Objectives**

**At the end of the lecture participants will:**

1. Understand that adversity is part of life and how to view it as an opportunity.
2. Learn how to foster resilience and what it teaches us about ourselves.
3. Conceptualize human potentialities through research dating back to Abraham Maslow and his hierarchy of needs, and recognize that human potential is unlimited.
4. Through research sharing, gain an understanding of the factors that are instrumental in creating happiness and wellbeing.

Thursday April 6, 2023

Reception 5-6 p.m. | Lecture 6-7 p.m.

Herbert University Center, Building 43, Room 1058

P lea s e join us for this ev ent – free- of- c ha rg e to members , potentia l members a nd s tudents

**REGISTER AT:** [**TINYURL.COM/HLL2023**](https://www.eventbrite.com/e/spring-2023-healthcare-leadership-lecture-tickets-541800167887)

**For more information, please contact: Lynda Christel, ACHE Local Program Chair - c****hristel.lynda@mayo.edu**. As an independent chartered Chapter of the American College of Healthcare Executives, ACHE—North Florida Chapter is authorized to award **1 hour of ACHE Qualified Education** credit toward advancement or recertification in the American College of Healthcare Executives. Participants in this program who wish to have it considered for ACHE Qualified Education credit should list their attendance when they apply to the American College of Healthcare Executives for advancement or recertification.